

Vero Cosmetic Surgery and Medispa is the Vero Beach DaySpa That Also Specializes in Cosmetic Surgery

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Residents in Vero Beach Florida and along the Treasure Coast are interested in maintaining a high level of wellness and aesthetic beauty. Day spa treatments and plastic surgery procedures are both in high demand. One practice in Vero Beach has found a way to create a harmonious co-existence between the day spa experience and the plastic surgery center to help individuals improve and restore both their inner and outer beauty.

VERO BEACH, Fla. -- The staff at Vero Cosmetic Surgery and MediSpa and surgeon William H. Frazier MD offer a different type of experience than a traditional spa or cosmetic surgery center. They are interested in improving the overall wellness and optimal health of the skin and it's outer appearance as well as the muscles and nerves beneath the skin.

One of their more popular services includes massage therapy, which is an important aid to overall wellness. The center is both licensed and accredited, employing highly skilled and trained massage therapists that specialize in Deep Tissue Massage, Swedish Massage, Hot Stone Massage, Pregnancy Massage, Reflexology and many other techniques for sports, accident injury, pain release, stress relief and relaxation.

For those interested in facial treatments they offer the European Facial, Deep Cleansing Facial, Microdermabrasion, Permanent Laser Hair Removal, Permanent Make-up, Mineral Make-up and other products for skin care and protection.

The Day Spa Experience:

Patients are greeted by friendly staff inside a warm reception area before they are promptly escorted to their treatment room with their trained esthetician. The staff takes skin care very seriously as they aim to improve conditions such as acne, scars, discoloration and blemishes with steam treatments, facial scrubs, soothing masques and other skin renewal processes.

For those seeking therapeutic massage the experience entails soothing lights and restful music playing in their designated private massage room. The therapist will be attuned as to whether the patient wishes to talk through the treatment or drift away to sleep while tailoring the pressure specifically to their comfort level and condition.

Here is a video detailing the experience as you enter the spa.

<http://www.youtube.com/watch?v=VkJ9MdJaxiM>

The Cosmetic Surgery Experience:

On the surgical end, the practice also offers cosmetic surgical procedures designed to contour the body and improve the appearance of the face, neck and hands. Liposuction is now the most popular cosmetic surgical procedure in the United States and [Dr. William H. Frazier](#) is a certified and highly skilled expert in this procedure. His patients have experienced profound body sculpting results with minimal scarring and an easy post-operative recovery experience.

Dr. Frazier likes to remind his patients that "They themselves are the ones with incredible DNA programmed to heal from a surgery. However, the staff always 'go the extra mile' to help that healing along." He also specializes in procedures such as the facelift, mini-facelift, breast lift, breast augmentation and many reconstructive procedures. Dr. Frazier always carefully reviews the patient's medical history and performs a thorough physical examination to ensure maximum safety and efficacy.

Surgery Location and Anesthesia:

Procedures are typically performed at the office based surgery suite located at 1255 37th Street, Ste. D, Vero Beach, FL 32960. It is accredited through the State of Florida Department of Health/Board of Medicine. There are a variety anesthetics used in accordance with the patient's needs and procedure type. Those most commonly used are IV sedation, oral anesthesia and local anesthetics. Dr. Frazier always discusses what is most appropriate for the patient's procedure with each consultation. The practice accepts CareCredit and credit cards for cosmetic treatments as well as medical insurance when applicable.

About William H. Frazier MD

Dr William H. Frazier, FACS is Yale trained, experienced and trusted for over 25 years experience in [Vero Beach and the Treasure Coast](#) in plastic, reconstructive and cosmetic surgery of the face, body and hands. He is certified by the *American Board of Plastic Surgery* and the *American Board of Surgery*. He is a member of the *American Society of Plastic Surgeons (ASPS)*, *American Society for Aesthetic Plastic Surgery (ASAPS)* and several other professional societies.

Visit his website to learn more about his cosmetic surgery procedures at <http://www.verocosmetic.com>

[Vero Cosmetic Surgery and MediSpa](#) 1255 37th Street, Suite D, Vero Beach, FL 32960 (772) 562-2400

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