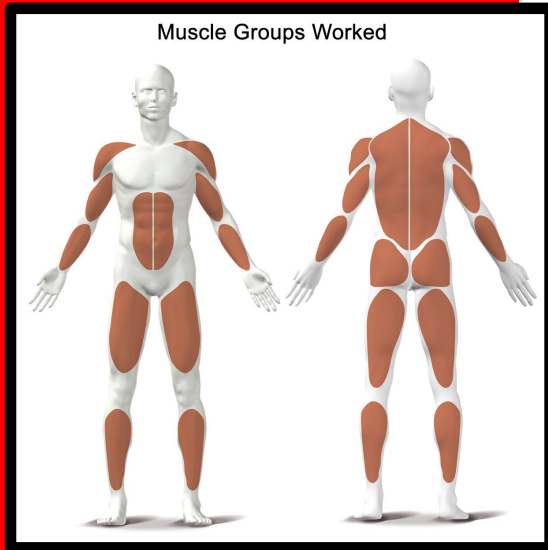


**A Revolutionary Workout,
Cardio at your desk!**



Source:
www.rowingadvisor.com/rowing-machine-muscle-groups/



**Your
brief-case size
rowing shell**



Simple Powerful Cardio

Designed by a Harvard oarsman

- ✓ **Full body, rowing muscle work-out**
- ✓ **Multiple work-out options**
- ✓ **Core, leg, back, shoulder, arms – rowing, standing up!**
 - Vertical (rocket) body motion adds extra boost
 - Vertical (rocket) body motion replaces sliding seat
 - Inclined foot plane for longer, powerful leg motion
- ✓ **Quick-change various strength + length resistance tubes**
- ✓ **Grip footprints with Rocket thruster dots**

✓ **Fits anywhere**

- 16" H x 20" W x 5" D
- 7.5 lbs
- ✓ Beautifully hand-crafted in USA
- ✓ Made of solid, eco-friendly, mind-friendly wood
- ✓ Easy-carry handhold
- ✓ No power cords, batteries, screens, plastic, glass

For more information and purchasing

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