



NEWS RELEASE

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Summit BHC and Athletes Recovery Join Forces to Provide Addiction Treatment Services

(Tampa, FL) — Summit BHC (Summit) is proud to announce a new partnership with Athletes Recovery. Athletes Recovery was created by Kenny & Tina Greene and is the premier option for top athletes to access treatment for addiction. The mission of Athletes Recovery is to create a new standard of care for athletes struggling with addiction and mental health issues both Collegiate & Professional (Active and Retired) by addressing some of the unique challenges facing them. Understanding that Athletes feel most comfortable around other athletes, we have created a team atmosphere for recovery. Summit, now having three programs across the country, has the talent, leadership and ability to meet the unique needs of this population. The flagship center for Summit, Great Oaks Recovery Center (Great Oaks) is the current program of choice for Athletes Recovery clients.



"We are honored to partner with a world class group and facility, Summit Behavioral Healthcare and Great Oaks Recovery, allowing us to provide a safe, secure environment for our athletes to rediscover their health, sobriety, and life's direction. Although recovery has historically been an individual journey, we believe in the strength of team, the comfort of athletes working with and around other athletes. This is incorporated for current professional athletes in an elite, private fitness/training facility and for retired athletes through a physical rehabilitation component necessary to address long term pain issues."



“We are very fortunate to have been given the opportunity to work with Athletes Recovery,” comments Dustin Whitesell, CEO of Great Oaks. “ We do not take our responsibility lightly and strive to give quality treatment to these clients (Athletes Recovery) and all that come to us for help,” continued Dustin.

About Athletes Recovery - The Athletes Recovery Program is a private, confidential program designed specifically to meet the needs of professional and collegiate athletes – both active and retired. We work tirelessly to provide each athlete we treat with an individualized, rigorous therapy program based upon the client-specific needs obtained from our initial intake assessment. Our therapeutic

approaches are rooted in the principles of recovery with an added emphasis upon spiritual, emotional, and personal growth designed to transform the lives of the athletes we treat as they embark upon their journey toward recovery. We understand that a culturally-competent, compassionate, and experienced treatment team is critical for a rehabilitation program to best meet the needs of the clients we serve. Upon successful completion of our intensive rehabilitation program, our athletes will know that their lives have been successfully transformed and that they have mastered the tools needed to continue along the pathway to total recovery.

Our treatment philosophy is based upon the recognition that each athlete who comes to us is a unique person who has an exceptional personal history. We tailor our treatment approaches to each athlete to ensure the most effective approaches and best opportunity for recovery. We have created services for our clients based upon the mental and physical regimens our athletes are inherently familiar with; treatment places a strong emphasis upon strength and accountability of team. Athletes Recovery offers a full medical detoxification program, an inpatient treatment program, partial hospitalization programming, intensive outpatient therapy and comprehensive follow up and accountability. Each program is designed to meet our athletes at the level of care they need to recover from a wide variety of mental health and substance abuse issues. Our treatment approaches incorporate a number of different evidenced-based treatment modalities such as cognitive-behavioral therapy and 12-step programming. Through individual therapy, group sessions, family involvement, physical therapy, education, team involvement and a wide array of therapeutic activities, our clients can start their journey to recovery and begin, once again, to take control of their lives.

The emphasis of our program is Recovery - with programming, counseling, nutrition customized to each athlete addressing the deep rooted issues first. Integrating the unique foundation and experiences of an athlete -The security of the locker room -The power of a team - Commitment to exercise and good health leading to long term recovery.

For retired & current athletes, we work hand in hand with their entire biological family and active athletes - their team family as well - team psychologists, coaches, agents, trainers, to insure future success at home & on the field of play.

Our Athletes Recovery program is for athletes that are in need of treatment for substance abuse & addiction, depression, anxiety, mood disorders, gambling, TBI, etc. www.AthletesRecovery.com

Whether the athlete's stay is 30/60/90 days, a comprehensive one year aftercare program is included to insure long term recovery.

About Summit -- Headquartered in Brentwood, TN and founded in June of 2013, Summit was established to develop and operate a network of leading addiction treatment and behavioral health centers throughout the country. The company's sole focus is on the provision and management of specialty chemical dependency and addiction disorder services within a flexible and dynamic continuum of care. The leadership team at Summit is comprised of senior executives with decades of combined experience in the behavioral healthcare industry. The team has a long and successful history leading and managing world class behavioral health centers and organizations throughout the country.

About Great Oaks Recovery Center — Located outside of Houston, TX, Great Oaks is an addictions treatment program opened in the winter of 2014. It is considered the flagship of Summit Behavioral Healthcare, providing an affordable inpatient program in a serene, discreet and luxurious setting. The program is a dual diagnosis program which uses a multitude of modalities including but not limited to the 12 steps. At Great Oaks Recovery Center the treatment plan is individualized, client focused and uses evidenced based outcome data to continue to improve the care and recovery of every client that enters the program.

For additional information on Great Oaks Recovery Center or Summit Behavioral Healthcare, please contact Christina Hawkins at chawkins@summitbhc.com.

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Athletes Recovery