



Vero Cosmetic Surgery and MediSpa 1255 37th Street, Suite D, Vero Beach, FL 32960 (772) 562-2400

Vero Beach FL plastic surgeon William H. Frazier describes four abdominal contouring procedures. A male or female patient may need a panniculectomy, tummy tuck (which may be a part of a mommy makeover), abdominoplasty, or liposuction.



Vero Beach, Florida. June 10, 2014 - Dr William H. Frazier, FACS is a Yale-trained, experienced cosmetic surgeon who has been

practicing in Vero Beach, Florida and the Treasure Coast for over 25 years. In a recent video posted on his YouTube channel, he recently addressed what types of surgery are age appropriate for each age group.

He opened the presentation with the following statement, "Hi I'm Dr. William Frazier, of Vero Beach Cosmetic Surgery & Medispa in Vero Beach Florida. I want to talk just for a minute about abdominal contouring which includes a panniculectomy, a mommy makeover type of tummy tuck, muscle tightening abdominoplasty or circumferential liposuction." He explained each procedure in further detail including it's purposes and differences but emphasized the benefits of skin smoothening, tightness and preservation of the belly button.

Video: <a href="http://www.youtube.com/watch?v=-il3v-bzm40">http://www.youtube.com/watch?v=-il3v-bzm40</a>

He went on to say, "So depending upon the problem a person has we would use on of these four approaches but in all cases we're interested in the skin ultimately being smooth, the shape being right and the belly button staying where it belongs - in the middle of the abdomen (in the midline)."

Dr. Frazier made recent headlines with the new offering of his Facetime facelift or <u>Facetime Lift</u>, a procedure which rejuventates the appearance of the face by lightening the nasal labial folds between the nose and mouth (often called "marionette lines") and elevating the jowels at the chin line resulting in smoother skin in the lower portion of the face and a well-rested, younger look. He has also touched other sensitive topics that have touched on male confidence such as

gynecomastia (man-boobs).

Dr. Frazier's surgical procedures are typically performed at the office based surgery suite located at 1255 37th Street, Ste. D, Vero Beach, FL 32960. It is accredited through the State of Florida Department of Health/Board of Medicine. There are a variety anesthetics used in accordance with the patient's needs and procedure type. Those most commonly used are IV sedation, oral anesthesia and local anesthetics. Dr. Frazier always discusses what is most appropriate for the patient's procedure with each consultation. The practice accepts CareCredit and credit cards for cosmetic treatments as well as medical insurance when applicable.

More information about tummy tucks and other procedures he specializes in can be found on his practice's company website.

#### **About William H. Frazier MD**

Dr William H. Frazier, FACS is Yale trained, experienced and trusted for over 25 years in Vero Beach and the Treasure Coast in plastic, reconstructive and cosmetic surgery of the face, body and hands. He is certified by the American Board of Plastic Surgery and the American Board of Surgery. He is a member of the American Society of Plastic Surgeons (ASPS), American Society for Aesthetic Plastic Surgery (ASAPS) and several other professional societies.

More information about his Full Facelift procedure can be found at his company website.

Vero Cosmetic Surgery and MediSpa 1255 37th Street, Suite D, Vero Beach, FL 32960 (772) 562-2400

#### **Additional Resources**

### 

About Vero Cosmetic and Medispa

Vero Cosmetic Surgery and MediSpa is one of the Treasure Coast's top Cosmetic Surgery Centers. William H. Frazier, MD, FACS has over 25 years experience caring for patients in Vero Beach and the Treasure Coast in plastic, reconstructive and cosmetic surgery of the face, body and hands. Medispa services include therapeutic massage, skin care facials, acne-cleansing facials, peels, microdermabrasion, permanent makeup, permanent laser hair removal, as well as mineral make-up products and products for skin care and protection.

Vero Cosmetic Surgery and MediSpa 1255 37th Street, Suite D, Vero Beach, FL 32960 (772) 562-2400

# **Contact Information**

## Vero Cosmetic and Medispa

Jane Frazier 1255 37th Street Suite D 32960

Phone: (772) 562-2400

- <u>Twitter</u>
- Google+
- <u>Facebook</u>
- <u>YouTube</u>

Visit Vero Cosmetic and Medispa Website