

OUR SERVICE

Individualize Therapy

Group Therapy

Family Meetings

Medication Management

Case Management



VISIT US



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ASKING FOR
HELP
IS OK



• Background

Oasis Psychiatric Day Program offers a JCHO accredited Partial Hospital Program (PHP) an Intensive Outpatient Program (IOP) services. The program offers 6 hours of individually tailored treatment planning and group therapy during the hours of 9am to 3pm Monday to Friday. The program typically runs for 2-4 weeks depending on client needs. The program is ideal for individuals stepping down from in-patient hospitalization or stepping up from outpatient treatment. Individuals need to be medically stable and not at risk of harming themselves or others, and able to participate fully in group programming, and not have a primary diagnosis of substance abuse.

• Goals

Oasis PDP is committed to providing compassionate, superior quality, comprehensive psychiatric evaluations, group therapies and skill-building in small groups, in-person setting.



Choose us

We offer medication management by a board-certified Psychiatrist, individual and family support for individuals ages 18 and above suffering from depression, mood disorders, anxiety, post-traumatic stress disorder (PTSD) with or without other co-existing mental health conditions.

What is your satisfaction rate?



The program not only helps you in getting over a crisis but also teaches you skills and allows for extra support and medication adjustment that can help you get forward and face challenges that life might throw at you.

It is a voluntary program and individuals must agree to abstain from using alcohol and drugs for the duration of the program.

