

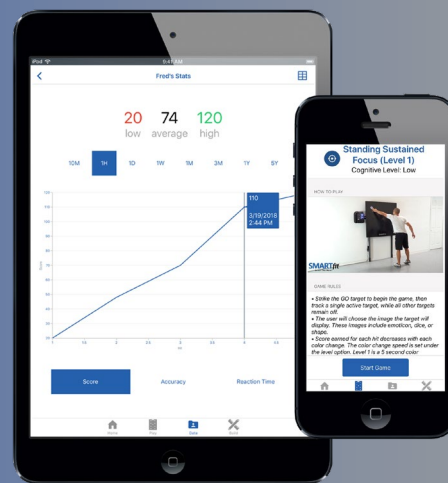
SMARTfit[®]

Seize The Now!

Enjoy The Aging Process!
Maintain Great Balance and
Memory While You Have Fun!



- Maintain Quality of Life
- Improve Balance and Stability
- Improve Mobility and Motor Skills
- Improve Memory and Cognitive Problem Solving Skills
- Enjoy Social Interaction and Team Play
- Recover Quickly from a Physical Setback



Active Aging | Memory Care | Senior Living
Senior Fitness Boutiques

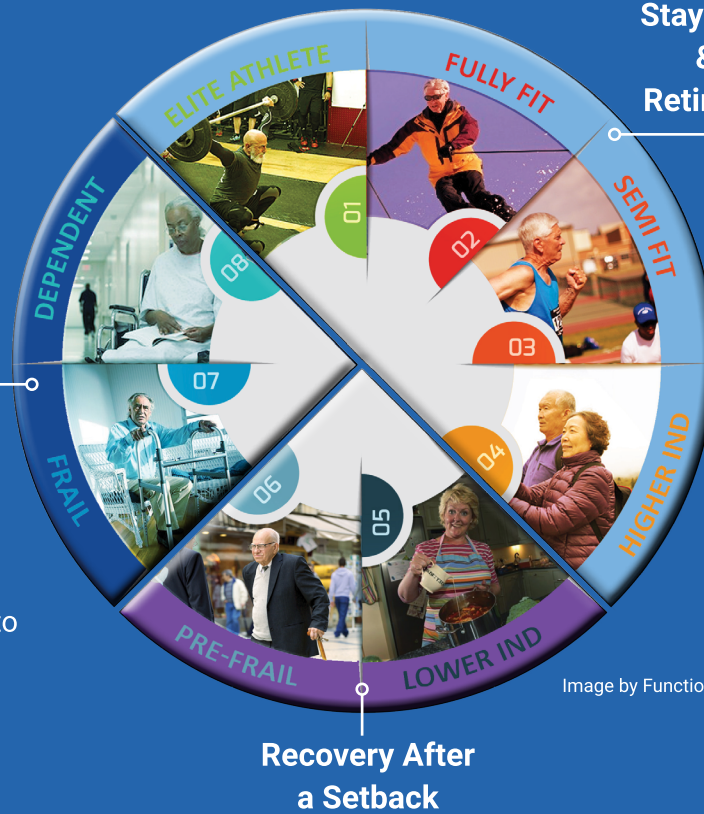
The Perfect Answer for Active Aging Programs

SMARTfit's training systems engage your clients in cognitive and motor training with captivating, socially enjoyable exercise programs. Activities for each exercise program can be scaled to suit the rate of progress of each client.

- Can Be Used by Everyone – Regardless of Age and Ability
- Fast Set-up and Easy to Use
- Fun, Engaging and Motivating
- Instant Feedback via the SMARTfit App - iOS/Android Interface
- Instructor Supervised or Self-monitored
- Quickly Gain Greater Levels of Cognition, Motor and Physical Efficiency in Record Time

Regardless of Age or Ability SMARTfit has the Perfect Program for You!

Get the Most Out of the Aging Process

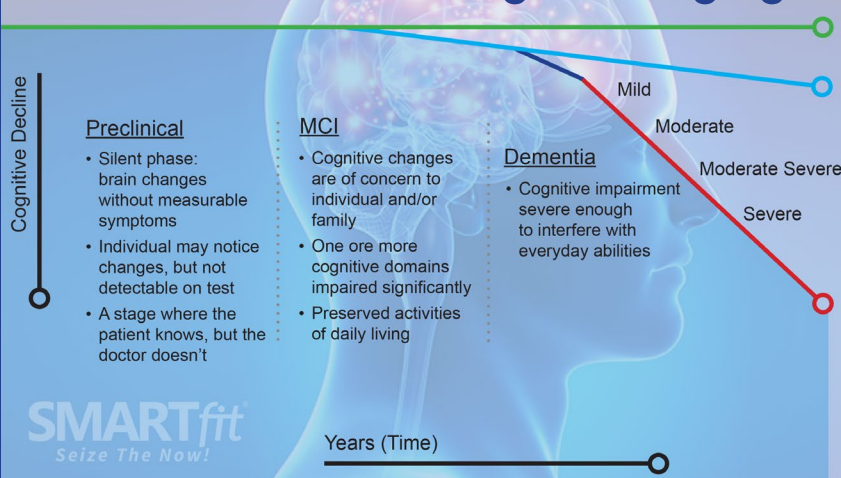


After having earned your retirement it's time to focus on maintaining control of your life with optimal physical and mental fitness.

Image by Functional Aging Institute



The Course of Cognitive Aging



It's Never too Late to Slow Cognitive Decline

SMARTfit customizable and scalable programming is designed to help you avoid cognitive decline.



WELLNESS

Achieve Optimal Cognitive Health



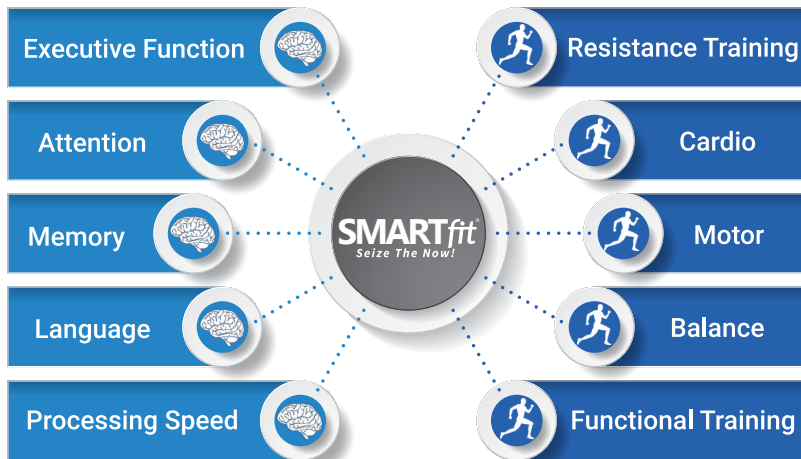
STAYING FIT



STAYING YOUNG

Programming Tailored for Specific Needs & Abilities

Programming for older adults must be adaptable to meet a wide variety of training needs. SMARTfit's Turnkey programming modules are specifically designed to be fine-tuned and scalable to meet the needs of each person regardless of ability level.



COGNITIVE-MOTOR TRAINING



Beth Fisher, PhD, PT, FAPTA

"Everything in Parkinson's research points to the need for combining cognitive challenges with physical activities. I cannot think of a better way to do that than with SMARTfit."



Charles Y. Liu, PhD, MD, Professor, Neurosurgery, Neurology, and Biomedical Engineering USC
Director, USC Neurorestoration Center

"The human nervous system functions invariably involve a combination of cognitive and motor components. I am extremely intrigued and optimistic that SMARTfit will prove to be an exceptionally effective and important tool that combines cognitive and motor training in unique and endless combinations to address a multitude of indications within the athletic and medical realms. In this way, the individual expertise of human virtuosos involved in therapy can be scaled up in almost limitless ways. The applications are of course endless, from neurorestoration to maintenance of wellness."

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Learn More: SMARTfitinc.com

