

# Enroll in THIS Teacher Training

Our Teachers are points of light in their communities, helping Souls awakened to their full potential all over the world. They are trained to be true healers of body, mind and spirit and considered to be the most "Soul-full" teachers in the industry.

Use this training to help change lives. Use it to help change your life...

Our unique, comprehensive Curriculum Covers:

- ✿ Yoga History & Philosophy
- ✿ 8 Fold Path of Raja Yoga including living Yamas and Niyamas
- ✿ Techniques, Training/Practice
- ✿ Meditation and Chanting
- ✿ Asana – Foundations of Poses Alignment
- ✿ Assessment and Adjustment
- ✿ Anatomy and Physiology
- ✿ Subtle Anatomy
- ✿ Teaching Methodology
- ✿ Composition of a good class
- ✿ Voice and Qualities of a good teacher
- ✿ Practicum
- ✿ Ayurveda
- ✿ Foundations for Living the Life of a Yogi
- ✿ Metaphysics
- ✿ Business & Ethics for Yoga Teacher



**Flossie Park,**  
Master Yoga Teacher  
Trainer-E-RYT 500


Flossie has lovingly guided hundreds of students to step into living their passions and enriching their lives and the lives of others with the experience, wisdom and love of yoga. She is actively involved in the wellness field, spending over 25 years developing programs that reach out to all walks of life.

## 200 Hour Hatha Teacher Training

**2015 Dates: Summer Intensive:**

Part A: June 22 – July 1, 2015

Part B: August 8-15, 2015

  
**SOUL OF YOGA**  
INSTITUTE  
*Spiritual Teacher Training*

REGISTER BY MAY 11, 2015 AND  
RECEIVE A \$400 DISCOUNT  
SCAN HERE FOR MORE INFO >>

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