



OPTER POSE

 **Posture.** **Ultraviolet.** **Fitness.** **Sleep.**

Pose does it all.



Pose vibrates when you slouch to keep you looking and feeling your best.

Posture.



Keep your skin young. Pose alerts you if harsh UV is damaging your skin.

Ultraviolet.



Fitness.

Wherever you go, whatever you do, Pose helps you stay in shape. With steps, exercise, and sedentary time.

Sleep.

Pose is the first sleep-tracker that also monitors your light exposure throughout the day, so you can get better sleep.

**Wear it
as a clip.**



**Or as a
necklace.**

**Pose fits
your
style.**



**Beautifully-designed
with all-natural
bamboo.**

**Works with iOS
and Android.**



**Featuring a
7+ day battery life.**

Learn more at
opterlife.com



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