

## Help Students Create a Healthy Sleep Zone While Away From Home

*Blocks viruses and allergens with mattress and pillow protection that is waterproof and easy to launder.*

**Step  
1**

**Install a Mattress Encasement**



**Step  
2**

**Cover with a Mattress Protector**



**Step  
3**

**Add Pillow Protection**



For more than 30 years, Protect-A-Bed® has remained the creators and champions of the Healthy Sleep Zone; dedicated to providing solutions to keep bedrooms safe, healthy, and clean.

We are proud to add Viral Barrier to the list of benefits including our Waterproof Miracle Membrane®, allergen and dust mite barrier and FDA class 1 medical device designation while all products remain easy to care for.

To learn more about creating the Ultimate Healthy Sleep Zone visit  
[protectabed.com/  
healthysleepzone-students](https://protectabed.com/healthysleepzone-students)

**PROTECT·A·BED®**

Every Mattress Needs Protection

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866.297.8836

**PROTECT·A·BED®**

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## Create a Healthy Sleep Zone for College Students



*Let's Protect Our Students  
and Help Them Sleep  
Comfortably and Confidently*

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## Healthy, Restorative Sleep is Essential for Students' Success While Away at School

Every student living on campus has the same experience living in a tiny room with a tiny bed.

The average college student spends somewhere between six and ten hours a day in their bed so it's important that it remain a comfortable, healthy, and clean space.

Mattresses can host an assortment of intruders like bed bugs, mold, and bacteria that can be difficult to treat and lead to health issues like allergies and infection.

With 63% of college students reporting that they don't get enough sleep, and 72% of students admitting to performing poorly on tests when they slept poorly, it's obvious that sleep is essential to success.\*

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\*Source: American Academy of Sleep Medicine



## Create the Ultimate Healthy Sleep Zone for College Students in 3 Easy Steps

### Step 1: Install a Mattress Encasement

Defend against viruses, dust mites, bed bugs, allergens and more. Install the encasement once with no need to remove when used with a mattress protector.

### Step 2: Cover with a Mattress Protector

Waterproof Miracle Membrane® protectors coupled with our Viral Barrier protect against viruses, allergens, dust mites and liquids providing students with the ultimate protection.

### Step 3: Add Pillow Protectors

Waterproof Miracle Membrane® pillow protectors with our Viral Barrier creates a healthy sleep zone for students.

Launder all protectors regularly to create the ultimate healthy sleep zone.



## Nothing is More Important than the Health and Safety of our Students

### Features That Matter:



Mattress and pillow protector's, and encasement's meet the CDC's highest level (level 4) of barrier protection (ASTM F1671) meaning the fabric resists viruses passing through.



Waterproof Miracle Membrane®

Waterproof, silent, and breathable barrier that keeps your mattress dry, cool and comfortable.



Allergen and Dust Mite Barrier

Sleep soundly by reducing bedroom allergens, dust mites and bed bugs.



Easy Care Machine Wash & Dry

Easy care, machine washable and dryer safe.



Protect-A-Bed® products are classified as class 1 medical device by the FDA.

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