

Health Management Programs

Our strategically designed programs provide opportunities for improved employee health and a reduction in health plan costs for employers.

Each program includes essential risk measurement components with varying levels of commitment. Whether a fully or self-insured employer, small or large, new to wellness or experienced, eHealthScreen has flexible solutions. The Explore, Experience, Engage and Empower programs are designed to provide a comfortable point of entry to build upon.

XPLORE

Beginning with a Biometric Screening and a Health Risk Assessment, members become aware of their health status. Provided with a customized personal health report, members are armed with actionable information to review with their physician. High risk members also receive a telephonic consult with a nurse care manager. Access to MyWellCenter member portal provides members with a variety of health tools.

XPERIENCE

With the addition of Live It®, eHealthScreen's web based wellness program, members gain access to an assortment of interactive tools. One of our experienced Wellness Consultants will customize your program based on demographics, health risks and corporate culture. This turn-key employer implemented program includes Workshops, Health Awareness, Challenges, Slideshows, Audio Health and Incentive-tracking.

NGAGE

While your entire population is experiencing the wellness programs, your high risk members identified through the health screenings are assigned a dedicated nurse care manager. The Care Manager assesses the member's readiness to change and creates an individualized plan. The relationship that develops between the member and their nurse evolves for optimal lifestyle and behavioral change.

MPOWER

Our Total Health Management program is a strategic plan managing the health risk of your entire population. Through our robust clinical and claims analytics we quantify risk, identify cost drivers and improve utilization of health care resources. Our care management programs include disease management, episodic management and utilization engagement to empower members to take charge of their health.

